Generational Differences

Objectives

- Define 5 generation groups
- Discuss strengths and challenges of each group
- Discuss the importance of bridging the gap and staff retention



Generation

 Today's workplace is more diverse than ever in regards to generations. In many areas we now have 5 generations currently working together.

Generation Breakdown

- Traditionalists
 - Born before 1945
- Baby Boomers
 - Born 1946 1964
- Generation X
 - Born 1965 1980
- Millennial (Gen Y)
 - Born 1981 1999
- Generation Z
 - Born after 2000



Traditionalists

- Also may be known as "silent generation"
- Hardworking and dependable
- Last generation to likely spend an entire career at one company
- Rule follower and like teamwork
- Prefer personal touch, handwritten notes rather than email
- Very engaged and value opportunities to learn
- Expect experience to be respected

Baby Boomers

- Self worth may be tied to career..it is not just a job
- Value workplaces with flat hierarchies, democratic cultures, humane values, equal opportunities and warm and friendly environments
- Workaholics who may appear driven by material acquisitions, titles and personal success
- Optimistic outlook
- While they embrace technology they prefer person to person communication
- Team oriented

Generation X

- Include many of the first "latch-key kids"
- Independent and self-directed may be skeptical of authority
- Flexible
- Focused on results
- Tend to prefer working alone
- Technologically literate

Millennial Gen Y

- First generation to grow up using internet and information technology from a young age
- Typically confident and easily multitask
- Expect feedback in the workplace and may be considered idealistic
- Work to live not live to work
- Work/life balance is very important

Gen Z

- Creative especially with technology
- Job is a means to an end
- May prefer to work alone
- Value individual expression and avoid labels
- Believe in dialog to solve conflicts and improve the world
- Strong commitment to social responsibility

Bridging the Gap

- Key is to understanding and acceptance
 - Have open communication
 - Accept that there are differences
- Be open to where they are coming from
 - Relates to both co-workers and residents
- Take time to truly listen

Remember

- Our residents are typically older
- They do not understand our constant use of technology
- Take time and give them your full attention



Understanding Check

- 1. Traditionalists prefer handwritten notes rather than email.
 - 1. True
 - 2. False
- 2. Residents in long term care are mostly generation X.
 - 1. True
 - 2. False
- 3. Everyone should be treated in the same way.
 - 1. True
 - 2. False